



INSTRUCTOR TRAINING APPLICATION

Four weekend Course Jan 13-16 Feb 10-13 Feb 24-27 April 21-2
220 Hours of Practice, Workshops, Lectures, Student Teaching and Guided Home Study

Today's Date: _____

Name _____

Address _____ City _____ St _____ Zip _____

Phone (Day) _____ (eve) _____ e:mail _____

Birthdate _____ Referred by _____

\$1,995 Course Fee Includes

- Pre-Study Packet.
- 220 hours of training over 4 months.
- 300 Page YogaMotion™ Instructor Training Manual and Video/DVD.
- Guided Home Study includes 3 packets (approximately 40 hours each) to be completed between weekends.
- 220 hour Instructor Certification upon successful completion of all assignments.
- Letter of Attendance for Yoga Alliance Registry at the 200 hour level.
- Discounts during training months on retail purchases of books, music and props.

Required Books See Separate List of required books for the course. Books may be purchased through YogaMotion™; at a 10% discount and no shipping fees.

Payment/Refund Policy

- Early registration is recommended, as space is limited and the pre-study packet is highly effective. Reservations will be accepted as long as space is available up to one week prior to the event.
- A nonrefundable \$300.00 deposit will secure your reservation & provide your pre-study packet.
- 50% of balance is due 30 days prior to start date. Final balance due – Weekend one.
- 3% processing fee will be applied to credit card payments. (Visa/MasterCard)

- Enclosed is my non-refundable \$300 deposit.
 - Enclosed is a total of _____ for my required books.
 - Cash Check-Make checks payable to YogaMotion
 - Visa/MC (Add 3% processing fee) Card # _____ Exp. _____
- Name of Card Holder _____

Mail registration to: YogaMotion 111 S. Grand #285 Bozeman, MT 59715
 Fax registration to: 406.585.9995 (call first)

Watch your mail! You will be receiving your deposit confirmation and a detailed event information packet.

Please answer the following questions so that we may know how to best serve your needs and understand your expectations.

How long have you been practicing Yoga?

What form do you currently practice?

How often do you practice yoga?

Do you practice pranayama? If so- how often?

Do you practice meditation? If so, how often?

Are you interested in being certified and/or Yoga Alliance Registered?

What styles of yoga have you studied?
With whom?

Where?
For how long?

What other forms of fitness do you practice?

What other forms of fitness training have you received?

Why do you practice yoga?

Do you teach yoga now? If yes, for how long?
of yoga?

What type of format, facility and style

Do you have any other teaching experience?

Please explain.

Please tell us about your physical health and any limitations or special needs.

Please tell us about your mental and emotional health.

Please tell us about your dietary health and any special needs.

What is your intention for attending this course? Please be specific.